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## ABOUT TARAYANA FOUNDATION

Tarayana Foundation was founded by Her Majesty the Queen Ashi Dorji Wangmo Wangchuck and formally launched on 4th May 2003, by His Majesty The King Jigme Khesar Namgyel Wangchuck, the then Crown Prince. Tarayana is a Public Benefit Organization, registered (Registration No. CSOA/PBO-08) with the Civil Society Organization Authority of Bhutan.

Tarayana Foundation is governed by a Board of Directors and advised & supported by an Executive Committee. The Board provides overall guidance at the policy level, while the Executive Committee supports the Secretariat in implementing the activities approved by the Board. The Secretariat plans, coordinates, and rolls out all interventions through a network of programme and field officers.

### VISION

A Happy and Prosperous Bhutan

### MISSION

Tarayana Foundation believes in maximizing happiness and harmony among all Bhutanese people by providing opportunities for life improvement to the vulnerable communities in Bhutan. By helping these community members learn and integrate new skills, Tarayana Foundation promotes self-empowerment and the importance of serving each other.

### MOTTO

Service from the Heart

### CORE VALUES

**Compassion:** We will be guided by the spirit of compassion from which the Foundation derives its name.

**Dignity:** We will act with dignity in our work and seek to respect the dignity of those we serve.

**Integrity:** We will follow the highest ethical standards.





## MESSAGE FROM THE PRESIDENT

We bring you the salient features of Tarayana's progress over the past year. The editorial team has gleaned through the various project reports and put together this synopsis.

Two of the major programmes, Rural Economy Advancement Programme (REAP) II and National Adaptation Programme of Action (NAPA) II have successfully ended in 2018. REAP II has not only provided shelter and improved health and sanitation of more than 700 families in 11 Dzongkhags but has also directly benefited over 5000 community members. Likewise almost 1400 households benefited directly through NAPA II interventions of solving and managing water related issues such as water source management and installation of common as well as individual storage tanks and distribution pipelines.

The 12th Surgical Camp conducted in collaboration with the Ministry of Health and Surgicorps International, USA, was the last one facilitated by Tarayana Foundation. Over the years nearly one thousand individuals received life-changing surgical procedures. I would like to take this opportunity to thank Dr. Jack Demos and his team from Surgicorps International for their sincere efforts in transforming the lives of so many Bhutanese citizens. Future surgical camps will be held by the Ministry of Health in collaboration with Surgicorps International and Smile Asia respectively.

Tarayana Rural Crafts (TRC) faced substantial challenges with the closure of the sales counter at the Paro International Airport. In addition the steep hike in shop rent imposed by the estate management for the shop on Norzin Lam further added to the expenses. While the new and innovative rural crafts and textile products created much excitement, 2018 was a difficult fiscal year for TRC.

The Folk Heritage Museum opened a Museum Shop in 2018 and the sales have been promising so far. The Museum has also taken initiatives to successfully curate theme based exhibitions and festivals.

The Tarayana Centre for Social Research & Development, successfully conducted several studies and brought out six publications, and has three more in the final editorial stages. I would like to commend the hard work put in by the small team at TCSRSD for documenting the impacts and social changes brought about by various programmes.

I would like to thank all our partners, supporters, volunteers, community leaders and members, local governments, donors and various development sectors of the Government, without your support our achievements would not have been possible. I thank each and every one of you for your goodwill and continued support.

*Tashi Delek!*

Her Majesty The Queen Mother, Gyalyum Dorji Wangmo Wangchuck  
Founder and President



Fig 1 (a)

Housing Improvement through REAP II :741



Fig 1 (b)

Health & Sanitation- Toilets Constructed:612



House Construction at Chhiphoong in Pema Gatshel





## SOCIAL DEVELOPMENT PROGRAMME

Tarayana Foundation introduced its social development programme to reduce vulnerabilities in rural Bhutan. The programme spans across rural housing, medical care, social inclusion, education and green technologies. Initially, the programme aimed at enhancing rural lives by providing housing for vulnerable families, provide education and child care to young children, support for elderly and those with special needs.

### 1) VULNERABILITY REDUCTION

#### A) HOUSING IMPROVEMENT PROGRAMME

The housing improvement programme has been the cornerstone in achieving the goal of vulnerability reduction in the rural communities since its initiation in 2003. Improved shelter with proper toilets to maintain sanitation & hygiene, home repair, renovation, replacement and new housing were facilitated by the Foundation through this programme.

- ❖ More than 700 families now have proper shelter with support from Rural Economy Advancement Programme (REAP) II funded by Government of India and executed through Gross National Happiness Commission (GNHC). Tarayana Foundation was one of the implementing partners. The programme has come to an end and the figures 1(a) & 1(b) shows the overall accomplishment of the housing and toilet construction. Apart from these activities, the programme addressed issues related to food and nutrition security, skills development, income generation, market linkages of the products produced by the Self Help Groups and human wildlife conflicts. A separate report will be published for this programme.

In 2018, a total of 357 houses were supported under this programme, the following are the details:

- ❖ 294 houses were constructed and renovated through the REAP II programme in eleven districts.
- ❖ 51 houses have been constructed in Gangzur Gewog in Lhuentse Dzongkhag, supported by Love, Peace and Harmony Foundation.
- ❖ 12 more families at Jurmed Gewog in Monggar now have proper shelter with support from Bhutan National Bank Limited; this is in addition to the 30 that were constructed in 2017.
- ❖ 14 houses are under construction in addition to the 8 that was completed in the previous year at Dechen Pelri village in Sarpang. This is supported by the Young Presidents Organization (YPO) Chapters: YPO Sea Dragon, YPO Malaysia, YPO ASEAN United, coordinated by Impact Traveller Pte. Ltd through Bhutan Philanthropy Ventures Ltd., from the 41 that was sponsored.



*Ap Phurpa in front of his old and new house at Wangling in Trongsa*

### Case Story

*Memey Kuwala and Abi Lapchang are from Kilung village under Gangzur Gewog in Lhuentse Dzongkhag. They lived in a small temporary hut prepared for them by the Tarayana club members of Lhuentse Higher Secondary School in 2017. With time, this temporary hut gave way to the vagaries of nature with rain seeping in during the rainy season and the wind passing through in the winter. They did not own any land of their own and sought shelter at the Jangchukling Dratshang. A team from Tarayana requested the Jangchukling Dratshang's Lam's permission for this old couple to construct a small shelter. With the Lam's blessings, a small house was constructed for their use for as long as they lived. Memey and Abi are now content and takes pride living in and looking after their new house and prays for long life of His Majesty The King and peace & prosperity of the country.*

*(Case story reported with consent from the concerned person)*





*Her Majesty's visit during the 12th Surgical Camp, Paro District Hospital*

## **B) SURGICAL CAMP**

The surgical camps were initiated in 2006, in collaboration with the Ministry of Health to address cleft lips and cleft palates through corrective surgeries.

The 12<sup>th</sup> and the final restorative surgical camp with the Surgicorps International, USA and the Ministry of Health was conducted from 5<sup>th</sup> to 14<sup>th</sup> of May 2018 at the Paro District Hospital. 101 patients from all 20 Dzongkhags were screened, out of which 59 patients underwent surgery. The medical team focused on correction of cleft lip & palates, hand & ear deformities, burns, scars, bear mauls and fistula. A total of 215 senior citizens received the steroid knee injection to relieve arthritic pains.



*Surgicorps Team Screening Patients*

### **C) VITAMIN ANGELS**

Tarayana Foundation received donations of lifesaving vitamins for pregnant women and children who are at risk of malnutrition, from “Vitamin Angels” a charity based in USA that provides donations to promote health and save lives of many around the world.

In 2018, multivitamins were distributed to pregnant women of Samtse, Haa, Tsirang, Pema Gatshel and Trongsa, and also to the children of ECCD Centres in Zhemgang, Samtse, Dagana, Monggar, Sarpang, Trongsa, Tsirang, Pema Gatshel and Lhuentse.

### **D) ANNUAL PILGRIMAGE**

The annual pilgrimage programme was initiated in 2008 to commemorate the Coronation of His Majesty The Druk Gyalpo Jigme Khesar Namgyel Wangchuck. Every year, a group of senior citizens from the rural communities are sent on pilgrimage. In 2018, eight elders from Lhuentse and Dagana Dzongkhags were able to visit the sacred sites of Bodhgaya, Nalanda and Varanasi among others. Tarayana Foundation is grateful to the donors for their continued support for this important rural senior citizen programme. To date, 92 senior citizens have undertaken the annual pilgrimage to Buddhist holy sites in India.

*Pilgrims at Nalanda, India*



## E) COMMUNITY RADIO

Lhop Community Radio in Dorokha, Samtse and Edi Community Radio in Dechen Pelri, Sarpang, started in 2016 with support from the Ministry of Information and Communications and the Swiss Agency for Development & Cooperation. The community radio stations have enabled the community members to share their stories and facilitate promotion of dialogue, debate and discussion for change.

With support from UNICEF, an awareness program on “Child Rights and Protection” was conducted at Dechen Pelri in Gelephu and Lotokuchu Jigme in Samtse in 2018. Domestic violence and gender equality were the topics covered besides child rights and protection.



*Panel Discussion on Child Rights and Protection at Edi Community Radio in Sarpang*

On 25<sup>th</sup> November 2018, a team consisting of technicians from Bhutan Broadcasting Service (BBS) and Community Radio focal person of the Foundation visited Lhop Community Radio in Lotokuchu, Samtse to solve the radio signal interference. Upon arrival, the team visited various sites to test the radio frequency and clarity. The poor quality of sound, signal interference and disturbance in connectivity were some of the issues found.

With help of the technicians, a transmitter was repaired which is currently being used. The power of current transmitter is 7W and it had good coverage, however, there still are chances of fluctuations. The breakdown of the initial earthing which led to the damage of antenna and transmitter was also rectified.

**F) SOUTH ASIA FOOD AND NUTRITION SECURITY INITIATIVE (SAFANSI):  
Capacity Development and Communications for Improved Nutrition Outcomes in Rural Households**

The project supported by the World Bank has the objectives to improve dietary diversity and care practices of pregnant and nursing women in remote rural areas in Bhutan, to address malnutrition in 1000 day window of opportunity. The progress made for the project in 2018 are:

- ❖ Survey and consultation meeting on 1000 Golden Days of pregnant mothers and child care carried out in Tadng Gewog, Samtse.
- ❖ Round table discussion for the project with local leaders and relevant officials from the Ministry of Agriculture and Ministry of Health.
- ❖ Behavior Change & Communication (BCC) Strategy drafted with Food Security and Agriculture Productivity Project (FSAPP).
- ❖ National stakeholders meeting on Behavior Change & Communication strategy organized.
- ❖ Training of Trainers (ToT) for Behavior Change & Communications carried out for the local leaders, extension agents and Tarayana Field Officers

**G) INTEGRATED HEALTH PROMOTION PROGRAMME (IHPP)**

This is a pilot initiative implemented by the UNICEF, Health Promotion Division, Ministry of Health and Tarayana Foundation in Namgyal Tapa, Ngawang Ramtoed under Tading gewog in Samtse, Hungrelthang, Rijugang & Dechenling under Chhudzom gewog in Sarpang

This programme is to promote integrated health programme for promoting improved family and community practices for the wellbeing of children. With a child as the center of development, this programme will look at different issues of children starting from the mother's womb to access to health services, nutrition, postnatal and antenatal cares, access to ECCD centers, child rights and protection issues. This is an initiative proposed by the UNICEF and Ministry of Health to the Foundation acknowledging the 'integrated' approach the Foundation adopted. In 2018:

- ❖ Baseline information collection from all the target villages in both the districts was completed. Information was collected both from the community level as well as from gewog and district level.
- ❖ Activities will be further determined by the result of the consultation meetings.



## 2) SCHOLARSHIPS AND LEARNING OPPORTUNITIES

### A) SCHOLARSHIPS

Tarayana Foundation facilitates scholarship programmes for students from humble backgrounds to pursue higher studies. This programme is done in collaboration with various national and international Universities and Colleges.

In 2018, 15 students were enrolled in Asian University for Women in Bangladesh, 3 in Lovely Professional University in India, 2 in Regents International School in Thailand and 5 in Norbuling Rigtar College in Bhutan.

A total of 25 students were enrolled and 17 students completed their studies in the year 2018. Out of the 17 students, 10 are currently employed in various government and private organizations, one is pursuing further studies and seven are still in search for jobs.

### B) TARAYANA EARLY CHILDHOOD CARE AND DEVELOPMENT PROGRAMME (BUZIP)

There are currently 34 functional ECCD centres with 723 children enrolled in nine districts of Dagana, Sarpang, Tsirang, Trongsa, Monggar, Lhuentse, Pema Gatsel, Zhemgang and Samtse.

Although all these ECCD centres have been handed over to the local government, Tarayana still engages with the facilitators and parents as these are in our communities and Tarayana is still informally responsible for quality assurance of the centres.



*Tshendagang ECCD Centre in Dagana*

### C) TARAYANA SCHOOL CLUBS

Tarayana School Clubs promote the spirit of volunteerism and consistently helps local communities by conducting activities ranging from helping senior citizens to visiting patients in the hospitals, providing rations to the needy and organizing club exhibitions.

#### Highlights of the year 2018:

- ❖ Eight new clubs were formed in Punakha, Trashigang, Monggar, Trongsa, Bumthang and Samtse in 2018. There are 116 active Tarayana School Clubs with 5,230 members across the country.
- ❖ The Foundation also facilitated in sending one member each from Yangchenphug Higher Secondary School and Lungtenzampa Middle Secondary School for the Asia Youth Leadership Conference at Singapore from 13th to 15th July, 2018.
- ❖ Three club members of Yangchenphu Higher Secondary School attended Self Help Group (SHG) Management Training held at Tarayana Centre in Thimphu from 9th to 14th July, 2018.



*Club members of Jigme Sherubling Central School in Trashigang helping community members of Dawzor Village in Harvesting Maize*



### 3) ENERGY AND ENVIRONMENT

#### A) NATIONAL ADAPTATION PROGRAMME OF ACTION (NAPA) II

The National Adaptation Programme of Action aims to build the resilience and capacity of the community members to prepare for and respond to climate induced multi hazards to reduce potential losses of human lives, national economic infrastructure, livelihood and livelihood assets. It is funded by the Least Developed Countries Fund and executed by National Environment Commission.

As a local implementing partner of this important national project, Tarayana's focus was to promote climate resilient water harvesting practices to address water scarcity in the rural areas of Monggar, Tsirang, Samtse and Pema Gatshel.

- ❖ In March 2018, an agreement was reached to Dzongkhag and Gewog, and dispute was settled between water user communities of Tsirangtoe and Phuentenchu villages of Tsirang Dzongkhag.
- ❖ 11 reservoir tanks were constructed and 16kms long pipelines have been installed at Tsirangtoe Gewog in Tsirang in 2018. It now benefits 295 households in six villages of Kapashing, Takthang, Tsirangtoe, Tongsingnang, Wangphu and Sentab under Tsirangtoe Gewog in Tsirang.
- ❖ Training on rain water harvesting was conducted at Tsirangtoe in Tsirang to 15 students during their winter vacation. It has now benefitted 33 households for sanitation purposes, home gardening and water shortage solutions.
- ❖ The NAPA II came to an end in October, 2018.

*Table 1: NAPA II Activities & Beneficiaries*

Dzongkhags	Reservoir tanks	RWHT	SHGs	Households	Sintex tanks	Schools	Lhakhangs
Tsirang	10	31	11	295	23	3	2
Pema Gatshel	6	1	6	227	14	2	1
Monggar	20	3	13	344	54	2	2
Samtse	10	1	6	485	13	1	1
<b>Total</b>	<b>46</b>	<b>36</b>	<b>36</b>	<b>1351</b>	<b>104</b>	<b>8</b>	<b>6</b>

*\*RWHT-Rain Water Harvesting Tanks*

*\*SHG-Self Help Group*

## Success Story

*Wangphu, Sentab, Kabelshing, Tsirangtoe, Tongsingnang & Takthang in Tsirangtoe Gewog faced severe water scarcity issues due to drying up of water sources. Their immediate neighboring Phuentenchu Gewog has access to a water source that exceeds the needs of the Gewog. A proposal was put forward for sharing of water between the two Gewogs in 2015, which was met with resistance from Phuentenchu Gewog. After numerous consultations and negotiations facilitated by Tarayana Foundation in the presence of local leaders, Dzongkhag and Gewog authorities, an agreement was finally reached in March 2018. A formal agreement was drawn up in the presence of community members and relevant authorities stating the terms and conditions of water sharing, one of which was that water pipelines should not be established in private land in Phuentenchu.*

*16 kilometers of underground pipeline was established with materials supplied through the project and labour contributed by the target beneficiaries, currently benefitting 295 households in Tsirangtoe Gewog. Regular water supply has contributed to the well being of these families in terms of improvement in their sanitation and hygiene, time efficiency and access to clean drinking water.*

## B) CAPACITY BUILDING FOR REDUCE EMISSION FROM DEFORESTATION AND DEGRADATION (REDD+) IN RURAL BHUTAN

The project was funded by Forest Carbon Partnership Facility (FCPF) and executed through Tebtebba Foundation, an NGO based in Philippines. The Foundation organised awareness on REDD+, watershed management and trainings in Gakidling Gewog under Haa Dzongkhag, Chhimmoong Gewog in Pema Gatshel and Rookha Gewog in Wangdue Phodrang.



*Watershed Awareness & Training at Haa*



With technical support from the respective Gewog Ranger, the topics on forest monitoring, legal rights of the people in natural resources, penalty and exchange of land (if it falls within or near major watershed/catchment areas) were highlighted.

Community members were made aware on the concept of watershed, cause of deterioration of watershed & its results and ways & measures to protect watershed at local level. Several issues and impacts that they are experiencing due to climate change were also identified and plan of action was drawn up to address them.

### **C) DEVELOPING CLIMATE RESILIENT COMMUNITIES THROUGH APPROPRIATE ADAPTATION AND MITIGATION INTERVENTION**

Funded by Bhutan Trust Fund for Environmental Conservation (BT FEC), this project is implemented in 15 villages of Sarpang, Lhuentse, Haa, Samtse and Monggar Dzongkhags. The outcomes of this project are reduced human-wildlife conflicts (HWC), thereby contributing to food security and its sustainability for enhancing livelihoods and enhanced water sustainability by catchment conservation through community participation. Electric fencing are to be installed in 15 sites thereby reducing HWC incidences through the project.

The following activities have been completed since the inception of this project:

- ❖ Community consultations held in all the 15 sites.
- ❖ Identification of sites for the electric fencing and site clearances.
- ❖ Water source management and protection activities.
- ❖ Permits for fencing poles availed.
- ❖ Tender awarded for procurement of project materials.



*Fixing Water Pipeline at Samtse*



*Electric Fencing at Lhuentse*

## D) ANNUAL COLLABORATION ON GREEN TECHNOLOGY



*Tarayana team with CST Faculty and Student Participants*

The annual green technology challenge was initiated in 2013 with the objective of contributing towards the national goal of remaining carbon neutral as well as giving platform to showcase innovation and creativity of the students.

The 6<sup>th</sup> Annual Green Technology Challenge in collaboration with the College of Science and Technology (CST) at Phuentsholing was held on 2<sup>nd</sup> June, 2018. The theme for 2018 challenge is "Low Cost Drip Irrigation System." From a total of 25 proposals, 5 were shortlisted for the competition and Group 2 won the competition. All the participants were Electrical Engineering students of CST.

The prototype of the winning team in 2018 had an efficient and regulated drip system using an affordable regulator. This would allow the farmers to save water and their time as it was automatically regulated. The winning prototypes of the past competitions (Solar Dryer in 2013, Low-Cost Water Filtration in 2014, Low Cost Insulation Material in 2015, Low Cost Solar Fencing in 2016 and Low Cost Solar Water Heating in 2017) have been fine tuned, adjusted and adopted in many of Tarayana's rural sites.



## ECONOMIC DEVELOPMENT PROGRAMME

Tarayana's second objective is to support rural communities with sustainable income generating activities to ensure capacity building in a way fulfilling the country's goal of self reliance. The economic development activities include various activities ranging from skills development to promoting income generating activities and market facilitation of the products.

### Case Story

*Tara Devi Gurung was five year old when her mother passed away in Tsirang. She then lived with her elder brother, a teacher by profession in Pema Gatshel where she completed her middle secondary education. After completing her 10th grade in 2008, she made her journey to Thimphu and worked as a security guard at Taj Tashi and then moved to work for Aman Kora after a year. After her work hours, she made the effort to go for Continued Education (CE) classes at Kelki Higher Secondary School and successfully completed her higher education in 2011.*

*Her father who still lived in the village was sick soon after and she moved back to take care of him. Moving back was difficult as she had grown used to the easier urban life. Working for long hours under the scorching sun was tedious, providing care and managing everything on her own was wearing her out. In 2015, the village elders requested Tarayana for support. Tarayana supported the villagers by providing roofing materials to build proper houses and paid for skilled labour while the community worked together in building the houses, and also provided training in various skills. These had a huge impact on her community as the quality of life drastically improved and it was now easier for the villagers to work and earn. This also led to more young people moving back to the village and engaging themselves in farming.*

*The increase in the rural vitality made the village a beehive of activities. Tara was inspired by all the assistance that they were getting in several skills development and focussed on expanding her vegetable production for the Thimphu market. Now that the market linkage was improved, she earns an average of Nu. 10,000/- per month and leads a happier life in her village taking care of her father.*

*(Case story reported with consent from the concerned person)*

## A) INCOME GENERATING ACTIVITIES

More than 200 Self Help Groups (SHGs) have been formed so far, with 3000+ members engaged in income generating activities such as cane, bamboo & nettle weaving, wood crafts, food processing, vegetable production, different cash crops, bee keeping, dairy farming, soap, candle & traditional paper making, sheep wool weaving and traditional pottery. The SHGs are formed to encourage team work and cohesiveness among the community members for common income generation. It is also for collective marketing and bargaining power of produce and products.



*Betel Leaf Plantation in Edi Community*

*Table 2: SHGs established through the REAP II Programme.*

Dzongkhags	Number of SHGs	Activities	Earning & Savings (Nu.)
Haa	5	Cardamom, Ginger, Bee Keeping	84,500
Sarpang	3	Bio-Degradable Plate Making, Cardamom	30,000
Samtse	19	Cardamom, Vegetable, Ra-re	334,555
Zhemgang	2	Cardamom	10,000
Trongsa	3	Vegetables, Cardamom	85,000
Tsirang	7	Vegetables, Onion, Ra-re, Potato, Ginger, Turmeric	111,600
Wangdue Phordang	8	Potato, Cardamom,	204,220
Lhuentse	11	Dairy, Cardamom, Textile Weaving, Nettle Weaving	309,940
Monggar	8	Cane & Bamboo, Nettle Weaving, Vegetable,	447,700
Pema Gatsel	3	Vegetable, Cane & Bamboo	169,151
<b>Total</b>	<b>69</b>		<b>1,786,666</b>



i) **PROMOTING INTEGRATED BAMBOO BASED ENTERPRISE DEVELOPMENT AMONG SAARC COUNTRIES**

Supported by the SAARC Development Fund, the project “Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries” is currently being implemented in Gongdue, Silambi and Saling in Monggar and in Ngangla, Goshing and Bjoka in Zhemgang. The project aims to create sustainable high value economic opportunities that will directly improve the quality of life for farmers, artisans, micro & small enterprises, designers, traders and exporters. Research and Development of bamboo and its composites as engineering materials for various end-use applications is the second objective of the project. Creation of Community Facility Centres (CFCs) at both the Dzongkhags will provide the opportunity for development of bamboo based enterprises and will provide technical backstopping and facilitation as needed. In 2018, the achievements of the project are:



*Cane & Bamboo SHG at Goshing Gewog in Zhemgang*

- ❖ The baseline survey and situation analysis report was completed, which provided the IA with a clear picture of the strengths and gaps in the project areas including the availability of natural resources and current context of bamboo usage in the communities.
- ❖ Training on bamboo plantation and management practices were conducted for the target beneficiaries in Bjoka in Zhemgang and Kalapang in Monggar in Q2, 2018. The theoretical component of the training consisted of class on bamboo plantation and management including material preparation followed by practical training on the second day which also included sessions on bamboo root balls and nodes cutting.
- ❖ Training on bamboo management, harvesting and post-harvesting practices as well as on seasoning, sorting, storage and grading was conducted at Kalapang, Thridangbi, Gongdue, Yangbari, Resa, Galikhar and Pangsibi in Monggar Dzongkhag.
- ❖ A model nursery was set up in Kalapang, Monggar to promote and transfer appropriate skills, knowledge, techniques and management of bamboo plantation
- ❖ Design for construction of Community Facility Centre (CFC) at Kalapang and assessment of Bjoka CFC for renovation is complete.

ii) **ENHANCING CAPACITIES TO REACH VULNERABLE WOMEN GROUPS THROUGH SOCIO ECONOMIC EMPOWERMENT**

Funded by the European Union and facilitated by HELVETAS Swiss Intercooperation, the project focuses on empowering women in rural communities through capacity building and economic opportunities. The project covers six Gewogs in three Dzongkhags; Dungmin and Chhimoong in Pema Gatshel, Jarey, Medtsho and Gangzur in Lhuentse and Silambi in Monggar. In 2018:

- ❖ Baseline assessment for all the target communities was completed and community mobilization and formation of self help groups (SHGs) in all the target communities were achieved. A total of eight SHGs formed; SHGs in Monggar and Lhuentse focus on nettle products while the SHGs in Pema Gatshel focus on cotton products.



- ❖ SHG management training was held for the SHG members to enhance their management skills and sustainable operation of the group activities. Resource mapping exercise was held to enable the members to understand the availability and sustainable use of the same in their communities.
- ❖ Financial literacy training which included sessions on saving, record keeping, micro finance, internal lending, product costing, etc., was conducted to enable the members to learn the importance of a transparent and accountable financial system in each respective group.
- ❖ Nettle spinning machines were procured and supplied to the SHGs in Monggar and Lhuentse, and a training on operation and maintenance of these machines were provided to the SHG members of the target communities
- ❖ In Pema Gatshel, training on natural dyeing and product development was provided for 15 SHG members from Bangyul and Chhimoong. Both traditional and contemporary methods of natural dyeing were imparted to the trainees.



*Cotton Harvest at Bangyul in Pema Gatshel*

iii) **DECENTRALIZED COORDINATION AND PARTNERSHIPS FOR GENDER EQUALITY RESULTS**

Financed by the Japan Fund for Poverty Reduction (JFPR) established in and administered by Asian Development Bank (ADB), the project is executed through READ Bhutan. In 2018, the following activities were carried out in the field:

- ❖ Conducted Cane and Bamboo product diversification training in Tading gewog in Samtse with resource persons from Pema Gatshel Self Help Group,
- ❖ Carried out plantation of natural dyes and cane & bamboo in Samtse and Pema Gatshel.



*Natural Dyed Yarns at Pema Gatshel*



*Cane & Bamboo Weaving at Chhimoong, Pema Gatshel*



## B) SKILLS TRAINING

The Foundation provides different trainings to the community members, collaborating with various sectors and organizations.

*Table 3: The trainings provided in 2018*

Sl No	List Of the Trainings	No. of People Trained	
		Male	Female
1	Financial Literacy	80	70
2	Natural farming ( Amurit jal, compost, organic pesticide, nursery & pruning )	9	2
3	Gender sensitive planning training	10	12
4	Betel leaf plantation	25	20
5	Watershed Management	140	126
6	REDD+ awareness	197	227
7	Cane and bamboo products diversification	356	400
8	Cane and bamboo plantation and resource management	78	30
9	Bamboo harvesting and post harvesting practices	34	15
10	Disaster Preparedness	20	15
11	Self help group management	237	168
12	Training on natural dyeing		40
13	Basic tailoring	21	146
14	Operation & maintainance of nettle spinning machine	14	30
15	Power tiller installation & maintenance	15	
16	Integrated Pest Management (IPM)	78	88
17	Cash Crop Development	45	30
18	Land Management Training	38	25
<b>Total</b>		<b>1397</b>	<b>1434</b>

## C) MARKET FACILITATION

The Foundation facilitates in marketing of the products made by various SHGs through events, festivals and different outlets of Tarayana Rural Crafts:

- ❖ 15th Tarayana Annual Fair in Thimphu from 4th to 6th May, 2018.
- ❖ Haa Summer Festival from 14th to 15th July, 2018.
- ❖ Paro Tshechu from 27th to 31st March, 2018.
- ❖ Bhutan Week from 23rd to 30th September, 2018 at New Delhi, India.
- ❖ SAARC Chamber Women Enterprenuer Council (SCWEC) Exhibition from 19th to 20th September, 2018 at New Delhi, India.
- ❖ Development Dialogue and Exhibition of Tarayana Women Enterprenuers Products at Bangalore, India from 21st to 24th November, 2018.
- ❖ Vajrayana Conference in Thimphu from 28th to 30th March, 2018.

## D) TARAYANA ANNUAL FAIR 2018

The 15<sup>th</sup> Tarayana Annual Fair was held at Tarayana Park in Chubachu, Thimphu, from 4th to 6th May 2018, with the theme “15 Years of Service from the Heart.” 53 community members from 12 Dzongkhags of Haa, Paro, Samtse, Sarpang, Pema Gatshel, Trongsa, Tsirang, Wangdue Phodrang, Monggar, Lhuentse, Trashigang and Zhemgang brought their products and produce for sale at the Fair. The community members earned a total of Nu.1.2m during the 15<sup>th</sup> Annual Fair.

The Annual Fair is one of the major platforms for the community members to market their products, meet potential clients and receive feedbacks on improving quality of their products.



*Secretary General of the Foundation was felicitated by Her Majesty for her dedicated 15 Years of Service from the Heart*



*15th Tarayana Annual Fair*



## E) TARAYANA RURAL CRAFTS

Tarayana Rural Crafts is the production and marketing arm of the Foundation which works closely with thousands of artisans and hundreds of SHGs across the country in improving and marketing products from the rural villages.

Each product is painstakingly handmade by the artisans whose families have been involved in the craft for many generations using locally available natural materials. The artisans are provided with required tools and skills to revive traditional arts and crafts on one hand and helping them adapt to new market demands on the other. In 2018, Nu. 3.9m worth of products were marketed through different outlets of Tarayana Rural Crafts.

*Table 4: Product Lines from Various Dzongkhags*

<b>Dzongkhags</b>	<b>Products</b>
Zhemgang	Cane and bamboo products
Samtse	Daphne paper, silk scarves & stoles, cane & bamboo products.
Pema Gatshel	Cane, bamboo & cotton products- scarves & shawls
Trongsa	Nettle products and pottery
Haa	Daphne paper, honey and pickles
Tsirang	Honey, pickles, wool and wooden furnitures
Trashigang	Yak hair and sheep wool-rugs & felted products
Paro	Candles
Monggar	Wooden, nettle, cane & bamboo products- masks, wine containers and incense holders
Samdrup Jongkhar	Nettle products
Wangdue Phodrang	Smoked fish, bamboo products
Lhuentse	Nettle, pots
Sarpang	Bamboo products
TRC Design & Tailoring Team	Clothing, bags and accessories

## TARAYANA CENTRE FOR SOCIAL RESEARCH AND DEVELOPMENT

The Tarayana Centre for Social Research and Development (TCSRDR) is the research arm of the Tarayana Foundation since 2017. This Centre is home to both pre-existing and ongoing research that documents social change pathways, including development outcomes and impacts brought about by the Foundation's interventions.

As an established Civil Society Organization (CSO) in Bhutan with a decade and a half of experience and sustained presence on the ground, the Foundation has nurtured trust, social capital and in generating research relevant data regarding changing dynamics and challenges faced by the rural communities it supports and serves in remote areas of the country. It has also identified critical gaps in knowledge and action-oriented research that help to solve problems facing the most vulnerable communities. This provides guidance on evidence-based decision-making as communities manage their development and progress in an inclusive and holistic manner. Knowledge generated and lessons learnt through action-oriented research and rigorous analysis enables the Centre to co-exist as a think tank and hub for rural development and social studies, attracting both national and international collaboration opportunities.

So far, TCSRDR has published reports on the following:

- ❖ Equitable and Meaningful Participation in Climate Change Adaptation and Water Governance in Rural Bhutan.
- ❖ Bamboo Baseline and Situational Analysis Study for Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries.
- ❖ UNHRC Universal Periodic Review- Alternative Report for Bhutan 2018.
- ❖ National Dialogue between Mountain Communities and the Government.
- ❖ Market Survey for Bamboo and Cane products for Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries.
- ❖ Tarayana Annual Fair 2017.



# PRESERVATION OF CULTURE AND TRADITION

## A) FOLK HERITAGE MUSEUM

The museum provides a glimpse of the traditional Bhutanese lifestyle, in addition to the artifacts from the rural household objects; it also displays an impressive collection of typical household objects, tools and equipments. The museum organizes regular demonstrations of rural traditions, skills, habits and customs as well as hosting educational programmes for children.

### Highlights of the year 2018:

#### i) Lolay Celebration

The celebration of Lolay on Nyilo (Winter Solstice) is an annual event at the museum. It is an age-old tradition practiced in the Western Dzongkhags of Wangdue Phodrang, Punakha Haa and Paro. This tradition was dying in the country and Folk Heritage Museum has taken initiatives to revive it.

On 2<sup>nd</sup> January 2018, a group of students selected from different schools in Thimphu called on their Majesties The King, The Gyaltshen and His Royal Highness The Gyalsey at the Royal Lingkhana Palace to wish the royal family good health, peace and happiness through practice of Lolay singing. The group also called on various offices, organizations and big hotels to wish them the same.



*Lolay Celebration at UN Office in Thimphu*



## ii) Bhutan Week

The Folk Heritage Museum participated in the "Bhutan Week" held in Delhi, India from 23rd to 30th September 2018, to showcase the country's tradition and cultural practices to mark the 50th anniversary of the establishment of formal diplomatic relations between Bhutan and India. As part of the celebrations, the Folk Heritage Museum demonstrated the Bhutanese way of life through food preparation, presentation of national attires and traditional handicrafts.



*Making Buckwheat Pancake during the Bhutan Week*

## iii) Traditional Art and Climate Change: An Art Exhibition

An environmental art exhibition titled "Rangzhin Netang ki Jutsel," was hosted on the museum ground from 3rd to 8th December, 2018. This exhibition was done to depict climate change through traditional arts of Bhutan by the young artists of National Institute for Zorig Chusum. All the proceedings from the paintings displayed were directly contributed to young artists who participated in the exhibition. The exhibition was curated by Ms. Ruchika Goel, intern from Yale-NUS College in Singapore.



*Media Interviewing One of the Artists*



## **B) CULTURAL SANCTUARY**

The Foundation in partnership with the Cultural Sanctuaries Foundation, a non-profit organization based in the US, has worked together to propose Rookha village under Athang Gewog in Wangdue Phodrang as a Cultural Sanctuary. The inhabitants residing in Rookha are ancestrally known as 'Oleps' and they have a very distinct tradition and culture including a language that is at a brink of dying. With the consensus of the Ministry of Home and Cultural Affairs and the Ministry of Agriculture and Forests, Department of Forests and Park Services, carried out a comprehensive survey of the Olep community. The team working on this included local linguist, botanist and an anthropologist backed up by three expat member of the same field. This first cultural snapshot of Rookha comprises of the Olep's way of life, their tradition, culture, language and botanical aspects. The proposal to ratify Rookha as a Cultural Sanctuary for protection and preservation of traditional Olep culture and language is put up to the Department of Culture, through the local government and the dzongkhag administration of Wangdue Phodrang Dzongkhag.

The most crucial part of the project is to build a cultural centre which would house artifacts and any documentation done on the Olep community for the younger generation and interested researchers. It will also be a gathering place for the village with provisions to host guests from outside. The centre will be in a traditional Bhutanese style on land contributed by the community, and built by the carpenters of the Olep community. Due to the elections, some of the construction works got delayed. The centre will be completed by May 2019.

## **C) MONPA DAY**

The Tribal Trust Foundation in partnership with Yangphel Adventure Travel and Tarayana Foundation organized the second Monpa Day celebration in Jangbi on 7<sup>th</sup> December 2018 to help promote the age-old tradition and culture of the community. The community members showcased their way of life on the Monpa day. Tribal Trust Foundation also supported the community in reviving the traditional basket weaving culture and in documenting the language of the Monpas. Ms. Barbara Savage, the Founder, also facilitated in receiving a grant from the LUSH Charity for the documentation of the only traditional healer in the Monpa community.

# FINANCIAL REPORT OF 2018

## Tarayana Foundation Income & Expenditure for the Year Ended 31st December 2018

Income	Amount (Nu.)	Expenditure	Amount (Nu.)
Opening Balance	7,560,609.40	<b>Program Expenses</b>	
Opening Balance (Project Fund)	7,901,955.00	REAP Project	5,293,360.84
Dividend from Shares	2,355,846.50	Housing Improvement, Sarpang	446,496.00
Income from Interest	2,328,309.17	Housing Improvement, Samtse	839,420.00
Rental Income	4,094,500.00	Housing Improvement, Monggar	1,874,810.00
Donation	3,288,264.80	EU Project Expenses (Helvetas)	219,287.00
Project Fund	15,222,739.90	Eco Stoves Project Expenses	278,645.00
Small Grant Fund	5,262,377.29	Scholarship	93,338.02
		American Himalayan Foundation	752,168.00
		Love Peace Harmony Expenses	3,391,966.63
		ADB Project Expenses	1,162,834.00
		SAFANSI Project Expenses	455,518.00
		SGP Project (Mountain Dialogue)	400,051.00
		Surgical Camp	159,083.00
		UNICEF Project (ECCD)	2,117,425.00
		UNICEF (Community Radio)	407,023.00
		UNICEF (Youth Led Grant)	538,930.00
		SDF Project Expenses	3,825,527.93
		FCPF Project Expenses (TEBTEBBA)	2,742,402.86
		<b>Administration Overheads</b>	
		Salary/Wages	9,312,024.00
		Office Supplies	833,974.56
		Pool Vehicle	911,255.00
		Repair/Maintenance	718,573.00
		Miscellaneous Expenses	464,856.00
		Employer Provident	569,925.12
		Travelling Expenses	298,749.50
		Annual Events	722,936.50
		Closing Balance (Projects)	6,182,960.67
		Closing Balance(Tarayana Core Fund)	3,001,061.43
<b>Total</b>	<b>48,014,602.06</b>	<b>Total</b>	<b>48,014,602.06</b>

\* Unaudited Statement

  
Kuenley Gyaltshen  
Accounts Officer

  
Chime P. Wangdi  
Secretary General





## THE YEAR IN REVIEW

- January 9** Training on product diversification was done in Tading Gewog in Samtse for the Bamboo Self Help Group. This activity is part of the Asian Development Bank project implemented through READ Bhutan.
- January 10** Tarayana Foundation signed a grant agreement with the Bhutan Trust Fund for Environmental Conservation, for a project titled “Developing Climate Resilient Communities through Appropriate Adaptation and Mitigation Interventions.”
- January 17** Her Majesty the Queen Mother Ashi Dorji Wangmo Wangchuck visited The Regent’s International School, Bangkok, Thailand at the invitation of Dr. Virachai Techavijit, Chairman and Founder of the school. During the visit Her Majesty met the Chairman and faculty to express her appreciation for the support being provided by the school to Bhutanese students.
- January 22** A team from the GNHC led by Chief, Research & Evaluation Division (RED), accompanied by Rural Economy Advancement Programme (REAP) focal point and project staff carried out a monitoring visit to Tajugang under Jigmechoeling gewog, Hungrelthang under Chhudzom gewog and Sheriphu under Singye gewog in Sarpang.
- January 23** The SAFANSI Project Roundtable Discussion for the project “Capacity Development and Communication for Improved Nutrition Outcomes in Rural Households” was held at the Tarayana Centre.
- February 1** The findings of a Baseline Study & Situational Analysis Study for promoting integrated bamboo based enterprise development among SAARC countries was presented by the Tarayana Centre for Social Research and Development as part of its seminar series. Officials from the Department of Forests and Park Services, and Agency for Promotion of Indigenous Crafts participated and provided their valuable feedback to finalize the study.
- February 11** Self Help Group (SHG) Management Training was conducted for group members under the Asian Development Bank (ADB) funded project ‘TA9016 (BHU): Decentralized Coordination and Partnerships for Gender Equality Results,’ in Pema Gatshel and Samtse Dzongkhags. The week-long training/workshop for both the sites was facilitated by Sr.Field Officers & Programme Officers of the Foundation.
- March 5** The Tarayana Foundation signed a Memorandum of Agreement with HELVETAS Swiss Intercooperation for the project “Socio-Economic Empowerment of Women through Income Generation” funded by the European Union (EU).

- March 22** A team from Tarayana Foundation participated in the 3rd Wadah Global Gathering at Jakarta, Indonesia on 22nd and 23rd March, 2018. The gathering is titled “Women; Torchbearers and Pillars of Hope- Towards Achieving the 2030 Global Goals (SDGs)” and brings women together from various countries to share experiences and learn from each other. The team from Tarayana Foundation took part in the discourse on “Women Power: No Poverty and Zero Hunger” and shared their experiences of working with rural and remote communities in Bhutan.
- March 22** The Tarayana team participated in National Environment Commission’s cleaning campaign along Chubachu stream to celebrate the World Water Day.
- March 28** Chaired by the Founding President, Her Majesty The Queen Mother Ashi Dorji Wangmo Wangchuck, the 28th Board Meeting of the Foundation was held at the Tarayana Centre. Her Royal Highness Ashi Sonam Dechan Wangchuck attended the meeting along with board and executive committee members.
- April 5** Tarayana Foundation gratefully acknowledged the receipt of USD 25,000 from the Inti Raymi Fund, a global human rights foundation. The donation will go a long way towards improving the lives of the vulnerable and disadvantaged in the rural communities.
- April 6** As one of the implementing partners of the NAPA II project, Tarayana Foundation’s component on Climate Resilient Water Harvesting in 37 villages across four Dzongkhags was presented.
- May 4** Her Majesty the Queen Mother Gyalyum Dorji Wangmo Wangchuck graced the inauguration of 15th Tarayana Annual Fair with the theme “Tarayana since 2003: 15 Years of Service from the Heart,” at Tarayana Park in Chubachu, Thimphu.
- May 4** Tarayana Club members of Samtse College of Education celebrated Tarayana Foundation Day with the theme “Tarayana since 2003: 15 Years of Service from the Heart.”
- May 6** A week long Surgical Camp in collaboration with Surgicorp International and Ministry of Health started at the Paro District Hospital.
- May 6** Her Majesty the Queen Mother Gyalyum Dorji Wangmo Wangchuck gave an audience and addressed 53 community members from 13 Dzongkhags on the last day of the 15th Annual Fair. Her Royal Highness Ashi Sonam Dechan Wangchuck was also present during the meet.
- May 11** The Hon’ble President Her Majesty The Queen Mother Ashi Dorji Wangmo Wangchuck paid a visit to the Surgical Camp at the Paro Hospital.
- May 16** Tarayana team received blessings along with the general public as the Central Monastic Body led by Venerable Dorji Lopen returned to Thimphu, the summer residence, from Punakha, the winter residence.



- May 22** Her Majesty the Queen Mother Gyalyum Dorji Wangmo Wangchuck presided over the the 3rd Executive Committee Meeting at the Tarayana Centre to induct Mr. Chencho Nidup, Managing Director of Druk Events as the newest executive committee member
- May 23** Hon'ble President, Her Majesty the Queen Mother Gyalyum Dorji Wangmo Wangchuck, hosted dinner at Terma Linca Resort and Spa, to acknowledge office volunteers, volunteers from Royal Institute of Management, VAST Bhutan, Bhutan Archery Federation, Bhutan Shooting Federation, Bhutan National Legal Institute, Jigme Singye Wangchuck Law School and Druk Events, for their time and effort in enabling us to organize a successful fair. The volunteers were also awarded with the certificate of appreciation. The dinner was also attended by our hon'ble board members including Her Royal Highness Ashi Sonam Dechan Wangchuck and executive committee members.
- May 25** Community mobilization was held at Bangyul, Pema Gatshel for Self Help Group formation of the Project "Enhancing Capacities to Reach Vulnerable Women Groups through Socio Economic Empowerment," supported to Support to Civil Society in Bhutan (SCSB) from the European Union (EU) through HELVETAS Swiss Intercooperation Bhutan.
- June 1** The first "National Dialogue" between mountain communities and the government was held at Terma Linca Resort & Spa in Thimphu.
- June 2** The 6th Annual Green Technology Challenge in collaboration with the College of Science and Technology (CST) was held at CST premises in Rinchending, Phuentsholing, on the topic "Low Cost Drip Irrigation System."
- June 2** An awareness program on "Child Rights and Protection" was conducted at Dechen Pelri village in Gelephu. Domestic violence and gender equality were some of the topics covered besides child rights and protection.
- June 5** With support from UNICEF, an awareness programme on "Child Rights and Protection" was conducted at Lotokuchu Jigme, Samtse. The panel discussion with the community members was carried out after the awareness programme.
- June 6** Consultation meeting was held on passion fruit plantation and pineapple plantation at Kalapong and Yangbari in Monggar, in collaboration with Weringla Dungkhag, Monggar.
- June 11** Four Tarayana scholarship beneficiaries studying at the Asian University for Women, Bangladesh attended a Summer Camp on 'Economic Development versus Sustainable Development' at the National Institute of Development Administration (NIDA), Thailand.
- June 12** Bamboo plantation and management training was conducted at Bjoka, Zhemgang under the project "Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries," supported by SDF. Training was attended by community members from Bjoka Gewog and Kamati Chewog. It was organised by Tarayana Foundation in collaboration with Beat Office of Bjoka Gewog.

- June 15** Two days training on bamboo plantation and management under the project “ Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries, “ supported by SDF, was successfully completed at Kalapong and Reasa villages under Saling Gewog in Monggar. The training was conducted with technical support from Social Forestry Division, Department of Forestry, Thimphu and was attended by 37 ( 19F & 18 M ) community members.
- June 18** The 3rd coordination meeting for National Dialogue between mountain communities and the government was held at Tarayana Centre, Chubachu. The meeting was conducted to further discuss various issues and recommendations raised from the National Dialogue held on 1st June, 2018.
- June 29** Fruit saplings were supplied to 72 households of Rookha, Samthang, Migthana , Kishchigo, Lamga, Lawa and Thaphu villages under Wangdue Phodrang Dzongkhag, with support from Love Peace and Harmony Foundation, USA. An awareness programme and hands on training on planting of sapling, watering, and intensive care of the plant was conducted with technical support from Athang Agricultural Extension Officer.
- June 30** Watershed awareness and training programme was conducted in Gongdhokha, Babuna, Sertena, Fentena, Yokha and Rangtse villages in Gakidling Gewog under Haa Dzongkhag through Forest Carbon Partnership Facility (FCPF) on 30th June.
- July 3** Yokha Desho factory in Haa resumed its paper making work after installation of electric dryer and pressing stand with support from Department of Cottage and Small Industries, Ministry of Economic Affairs.
- July 3** Sanitary napkins were distributed to Sengteng Lower Secondary School in Samtse, Tsirangtoe Central School in Tsirang and to the women of Gongdhokha village in Haa. It was contributed by Druk School in Thimphu to mark and create awareness on Menstrual Hygiene Day.
- July 9** Self Help Group (SHG) Management Training was conducted for the SHG members of Thimphu Dzongkhag at Tarayana Centre , under the project “TA-9016 BHU: Decentralized Coordination & Partnerships for Gender Equality Results,” funded by ADB Bhutan through READ Bhutan.
- July 10** Two Tarayana scholarship recipients studying at Asian University for Women, Bangladesh attended Gala Event of Asian University for Women held at Hong Kong. Students interacted with the sponsors and shared their stories of how Asian University for Women has brought positive change in their lives.
- July 10** Chhiphoong Sanam Gongphel Tshogpa at Pema Gatshel cultivated shitake mushroom through Rural Economy Advancement Programme (REAP) II.
- July 14** Tarayana Rural Crafts and community members of Yokha and Sertena participated in the Haa Summer Festival.



- July 19** Bamboo nursery was set up at Kalapang, Monggar under the project “Promoting Integrated Bamboo Based Enterprise Development among SAARC Countries” supported by SAARC Development Fund.
- July 30** Community mobilization and baseline survey on electric fencing was conducted at Ney, Somzhing, Lingabi and Jang villages in Lhuentse, supported by Bhutan Trust Fund for Environmental Conservation.
- July 30** Her Majesty The Queen Mother Gyalyum Dorji Wangmo Wangchuck was presented with the 2018 Asia’s Royal Lifetime Achievement Award by the Global Order of Dignitaries & Philanthropist Awards Committee. Her Majesty has been honoured for the leadership in serving the under-served as the Founder and President of Tarayana Foundation for the past 15 years and for Her Majesty’s active promotion of literature and the arts in the country.
- July 27** Bamboo plantation and training was completed for 16 Self Help Group members of Ngawang Ramtoe in Samtse. The training was conducted with support from Asian Development Bank (ADB).
- August 6** Community mobilization and training was conducted on betel leaf plantation at Edi community in Dechen Pelri, Sarpang. The objective of the training was to enhance the rural income generation through betel leaf production. It was supported by Young Presidents Organization (YPO) through Bhutan Philanthropy Ventures.
- August 6** The Founder and President, Her Majesty The Queen Mother Gyalyum Dorji Wangmo Wangchuck visited the Paro College of Education. The visit was made mainly to thank the Tarayana Club Members on the good work they do, and to meet all the teacher trainees and the faculty members.
- August 20** Tarayana club members of Samtse Higher Secondary School carried out an initiative to distribute clothes, shoes, etc. to Malabhasy community which is three hours walk from the school.
- August 21** Her Majesty the Queen Mother Gyalyum Dorji Wangmo Wangchuck graced the opening of a painting exhibition at Royal Textile Academy.
- August 22** Mr. Shiro San from Japan donated generous amount to support the Foundation.
- August 22** Ms. Pema Euden donated 200 copies of her book “Coming Home” as a kind gesture to support the Foundation.
- August 27** Tarayana club members of Lungtenzampa Middle Secondary School conducted a cleaning campaign in Thimphu.
- August 28** Two days training on watershed management was conducted for Field and Programme Officers of the Foundation. It was facilitated by Ms. Sonam Choden from Watershed Management Division, Department of Forest and Park Services, Ministry of Agriculture & Forests.

- September 1** Tarayana club members of College of Natural Resources in Punakha helped with the reconstruction of Wangdue Phodrang Dzong.
- September 2** Tarayana club members of Chumey Central School rendered voluntary service to Nyangrel Lhakhang in Chumey, Bumthang.
- September 5** Tarayana club members of Gesarling Central School in Dagana walked for 3 hours to a place called Nimtola to give away the clothes collected from the staffs of the school to the community members of Nimtola.
- September 11** Three day training on Gender Sensitive Planning for Field and Programme Officers of the Foundation was conducted at Tarayana Centre, Chubachu. The training was supported by HELVETAS Swiss Intercooperation Bhutan and facilitated by Sonam Pem, Director of Programmes, Tarayana Foundation.
- September 23** Tarayana Rural Crafts and Folk Heritage Museum participated in the Bhutan Week held at the Indra Gandhi National Centre for Arts in New Delhi.
- September 26** Consultative meeting for the Universal Periodic Report (UPR) was held at the Tarayana Centre.
- September 26** Three days training on "Natural Farming" was conducted at Yusipang, Thimphu for our Field and Programme Officers. The training was facilitated by Research & Development Center for Organic Farming, Department of Agriculture, MoAE.
- October 1** Basic Disaster Management Training was held at Tarayana Hall, Chubachu, with participants from Tarayana Rural Crafts, Folk Heritage Museum and Field & Programme staff from the Tarayana Secretariat. Ms. Sonam Deki, Mr. Sangay Dawa and Mr. Japcho were the resource persons from Department of Disaster Management, MoHCA.
- October 10** The third consultative meeting for Universal Periodic Report (UPR) was held at the Tarayana Conference Hall. The main objective was to seek feedbacks and inputs from the Civil Society Organizations on the draft report of the first Alternative Report for UPR from the country.
- October 24** Tarayana staff participated in 10 days training/workshop on "Bamboo Structures for Housing & Constructions," at Namsai, Arunachal Pradesh. The training was facilitated by South Asia Bamboo Foundation (SABF) and supported by SDF.
- November 7** Refresher training on cane and bamboo product making under Asian Development Bank (ADB) Project was held at Tading, Samtse.
- November 12** Under Love Peace & Harmony Project, a three-day hands-on training on oyster mushroom cultivation was conducted at Lingabi village in Lhuentse. The main focus for conducting such training was for nutritional purposes as most of community members have turned vegetarian, and also for income generation.



- November 15** Community consultation & mobilization and survey for construction of houses under American Himalayan Foundation housing project was completed in Tsirang, Samtse, Zhemgang, Monggar, Lhuentse and Wangdue Phodrang.
- November 18** Her Majesty The Queen Mother Ashi Dorji Wangmo Wangchuck and the Tarayana family offered thousand butterlamps and moenlam at the Semtokha Dzong coinciding with the Purjang of Lodi Gyari Rinpoche.
- November 21** Bangyul Cotton self help group supported by HELVETAS Swiss Intercooperation Bhutan harvested 44kgs of cotton.
- November 22** 42 community members (mostly women) attended Bamboo Post Harvest training at Nagor village under Silambi Gewog in Monggar. The training was facilitated by Mr. Tshewang Dorji, Senior Ranger at Social Forestry and Extension Division, Department of Forests and Park Services under MoAF and supported by SDE.
- November 19** Ms. Lungten Choden from Bangyul Cotton Self Help Group and Mr. Dorji Wangchuk from Chhiphoong Cane and Bamboo Self Help Group (both in Pema Gatshel) attended proposal writing training at Thimphu. This training is support by EU-HELVETAS Swiss Intercooperation.
- December 14** Theoretical and hands on training on “Bamboo Culm Management and Post Harvest Technologies” was conducted at Bjokha Gewog under Zhemgang Dzongkhag. The 5-day training was facilitated by Mr. Tshewang Dorji , Senior Ranger, Social Forestry and Extension Division , Department of Forest and Park Services under MoAF and supported by SDE.
- December 14** Tarayana club members of College of Natural Resources in Lobesa collected and washed clothes, and donated to the ones in need
- December 21** Tarayana Foundation organised a fundraising party to sponsor the senior citizens from the most remote parts of the country for pilgrimage to Bodhgaya and its neighbouring holy sites.
- December 28** The first national stakeholders’ meeting on Behavioral Change & Communication Strategy (BCCS) was held at Tarayana Centre. This was a part of South Asian Food & Nutrition Security Initiative (SAFANSI) and Food Security & Agriculture Productivity Project (FSAPP).

# GOVERNANCE

## BOARD MEMBERS

1. Her Majesty The Queen Mother Ashi Dorji Wangmo Wangchuck
2. HE Dzongsar Khyentse Norbu Rinpoche, Honorary Member
3. HRH Ashi Sonam Dechan Wangchuck, President, Bhutan National Legal Institute and Royal Institute of Law
4. HRH Dasho Jigyel Ugyen Wangchuck, President, Bhutan Olympic Committee
5. Dasho Karma Ura, President, Centre for Bhutan Studies
6. Dasho Yanki T Wangchuk, Former Secretary, Ministry of Finance
7. Dasho Thinley W. Dorji, President, Tarayana Dragons Club & CEO, Bhutan Tourism Corporation Limited
8. Aum Chime P. Wangdi, Member Secretary

## EXECUTIVE COMMITTEE MEMBERS

1. Mr. Tshewang Tandin, President, Royal Thimphu College
2. Ms. Chhimmy Pem, Director, Department of Occupational Standard, Ministry of Labour & Human Resources
3. Mr. Chhimi Dorji, Director, Tarayana Centre for Social Research & Development
4. Ms. Chimi Zangmo, CEO, Hotel Dorji Elements & Executive Director, Voluntary Artists Studio (VAST Bhutan)
5. Mr. Dorji Wangchuk, Founder-Advisor, Centennial Radio
6. Mr. Karma T Wangchuk, Architect, United Consultants
7. Mr. Kunzang Thinley, Principal, Royal Academy for Performing Arts
9. Mr. Neten Dorjee, Executive Producer/Archive Manager, BBS
10. Ms. Rinzi Pem, Assistant Director, Social Window, SDF
11. Mr. Sonam Lhundrup, General Counsel, Company Secretary, DHI
12. Mr. Thinley Namgyel, Chief Environment Officer, National Environment Commission
13. Mr. Kalden Sonam Dorji, Proprietor, Terton Travel Bhutan & Founding Member, Tarayana Dragons Club
14. Mr. Tashi Tshering, Proprietor, Jojos Adventure & Founding Member, Tarayana Dragons Club
15. Mr. Sonam Tshering Dorji, Dy. Chief Planning Officer, Policy & Planning Division, Ministry of Economic Affairs
16. Mr. Tashi Penjor, Chief Urban Planner, Ministry of Works & Human Settlement
17. Aum Sangay Zam, Rinchen Enterprise
18. Aum Rinse Pem



## **SECRETARIAT**

### **ADMINISTRATION AND FINANCE**

1. Aum Chime P. Wangdi, Secretary General
2. Kuenley Gyeltshen, Finance Officer
3. Tandin Wangchuk, Asst. Finance Officer
4. Pema Lhendrup, Administrative Officer
5. Dechen Dorji, Asst. Administrative Officer.

### **PROGRAMME DIVISION**

1. Sonam Pem, Director of Programmes
2. Roseleen Gurung, Chief Programme Officer
3. Dhendup Tshering, Programme Officer
4. Wangmo, Programme Officer
5. Jamyang Phuntsho, Jr. Programme Officer
6. Palden Ongmo, Jr. Programme Officer
7. Tshering Yuden, Asst. Programme Officer

### **DOCUMENTATION, MONITORING AND EVALUATION**

1. Karma Wangchuk, Monitoring & Evaluation Officer
2. Tashi Dolma, Communication & Documentation Officer

### **TARAYANA CENTRE FOR SOCIAL RESEARCH & DEVELOPMENT (TCSR)**

1. Chhimi Dorji, Director
2. Sonam Chhoden, Asst. Research Officer

### **FIELD OFFICERS**

1. Namgay, Tsirang
2. Sonam Jamtsho, Lhuentse
3. Passang Tobgay, Monggar
4. Thinley Bidha, Lotokuchu, Samtse
5. Jigme Wangchuk, Wangdue Phodrang
6. Ugyen Tshomo, Mekuri, Pema Gatshel
7. Tashi Tshering Doya, Tading, Samtse
8. Sonam Gyeltshen, Haa
9. Som Bdr. Rai, Trongsa
10. Deki Zam, Chhimoong, Pema Gatshel
11. Karma Dhendup, Zhemgang
12. Pratap Singh Rai, Sarpang
13. Namgay Tshering Doya, Lotokuchu, Samtse

## **SUPPORT STAFF**

1. Meme Bongtong, Caretaker, Kalapang, Monggar
2. R.B Ghalley, Office Assistant
3. Tobgay, Gardener
4. Dendup Tshering, Night Guard
5. Lhamo, Cleaner

## **TARAYANA RURAL CRAFTS TEAM**

1. Thukten Tshering, Finance/Marketing Officer
2. Sonam Dema, Production Officer
3. Pema Yangzom, Embroidery Expert/Needle Felting
4. Pema Wangchuk, Traditional Paper Expert, Production Division
5. Goma Devi, Salesperson, Tarayana Rural Crafts, Thimphu
6. Kelzang Wangmo, , Salesperson, Tarayana Rural Crafts, Thimphu
7. Tshetenmo, Salesperson, Tarayana Rural Crafts Outlet, Folk Heritage Museum, Thimphu
8. Pema, Salesperson, Tarayana Rural Crafts
9. Sangay Wangzom, Tailor
10. Wangdi Bidha, Tailor
11. Samten Pemo, Tailor

## **FOLK HERITAGE MUSEUM**

1. Tshering Yangchen, Museum Manager
2. Pema Yangzom, Finance Officer
3. Tashi Wangmo, Asst. Finance Officer
4. Gado Tshering, Asst. Event Officer
5. Metho, Supporting Staff
6. Sangay Chezom, Salesperson
7. Ugyen Pem, Weaver
8. Koshila Biswa, Roasting Rice
9. Damo Eden, Wine Maker
10. Namgay Dorji, Night Guard



## INSTITUTIONAL PARTNERS

The Foundation would like to thank all the national and international partners for joining us in our service towards our community members in Bhutan. Leading corporations, foundations, international NGOs and the government have partnered with us to further our mission through monetary contribution, programme partnerships, in kind support and employment engagement. Through these partnerships, we have been able to expand our reach across Bhutan.

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# Tarayana Centre for Social Research & Development

TCSR  
Chubachu, Thimphu  
Phone: +975 02 329333

Website: [www.tarayanafoundation.org/tarayana-centre-social-research-development/](http://www.tarayanafoundation.org/tarayana-centre-social-research-development/)  
Email: [tcsrd.tarayanafoundation@gmail.com](mailto:tcsrd.tarayanafoundation@gmail.com)  
Facebook: <https://www.facebook.com/TCSR/>



This Centre is home to both pre-existing and ongoing research that documents social change pathways, including development outcomes and impacts brought about by the Foundation's interventions

TCSR is focused on the strategic objectives of Action oriented research, Knowledge & networks and Social change pathways (M&E)

Priority Research Themes:

- 1 - Climate Change Adaptation and Ecological Resilience
- 2 - Enhancing Livelihoods
- 3 - Supporting Youth and Empowering Women



**The Research Arm of the Tarayana Foundation**

# Folk Heritage Museum

Folk Heritage Museum  
Kawajangsa, Thimphu  
Phone: +975 02 327133

Website: [www.folkheritagemuseum.org.bt](http://www.folkheritagemuseum.org.bt)  
Facebook: [www.facebook.com/FolkHeritageMuseumThimphu](https://www.facebook.com/FolkHeritageMuseumThimphu)  
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To preserve the cultural heritage and portray rural folk life of the Bhutanese people